

# Supreet's Favorite Essential Items



Spraying your shoes with a good **protecting spray** makes sure stains don't penetrate into the leather. I especially love this protector because it doesn't 'yellow' your white sneakers like others do.

[Buy it on Amazon!](#)



**Velvet hangers** are perfect for maximizing your closet space, ensuring clothes don't slip off hangers and give your closet a coordinated look.

[Buy it on Amazon!](#)



Hate it when fuzz balls take over your sweaters, scarves or other clothing? This **fabric shaver** will cut them right off and re-store your garment in a matter of seconds.

[Buy it on Amazon!](#)



**Leather moisturizer** is the best way to keep all your leather goods looking rich and soft. You can use this on shoes, jackets, wallets, bags, couches etc.

[Buy it on Amazon!](#)



A good **shoe cleaner** will keep your kicks looking fresh, no matter what gets spilt on them. I especially love Jason Markk's cleaner because it cleans while it conditions.

[Buy it on Amazon!](#)



Goodbye ironing, hello steaming! This **handheld steamer** does wonders for those pesky wrinkles, especially when you are in a hurry. Tip: After steaming, let your clothes dry before you put them on.

[Buy it on Amazon!](#)



KT Tape creates the perfect barrier between your skin and your shoes. This **blister prevention** tape especially comes in handy when you are breaking in your new shoes.

[Buy it on Amazon!](#)



If you have more space in your home, a **full length steamer** is the way to go. This steamer comes with a place to hang your garments and a water compartment you don't need to fill often.

[Buy it on Amazon!](#)



Chocolate ice cream on your new white shirt? Ah! This **stain solution** will save you! Every stylist I know loves this product and keeps it on hand for those 911 spills.

[Buy it on Amazon!](#)

# Hi, my name is Supreet



... and I teach people how to meet and dress their highest self. I've always had a passion for style and fashion, but kicked it up a notch after I went through a transformational experience of connecting with my divine feminine. I went from people pleasing and hiding to taking up space and being seen how I wanted to be seen.

Wearing something that represents your truest self changes the way you engage with the world. Your posture is straighter, you have strong eye contact, you are energetically open, opportunities start coming your way, and you truly feel aligned with the universe.

I've been able to combine my two passions to help people transform inside and out. As a life coach, I help my clients reach psychological freedom through The Radical Shift program, and after the program, we take a deep dive into personal style.

Here's more information about [my styling services](#).

Here's more information about [The Radical Shift Program](#).

Thank you!

Supreet

You are always one **thought** away from peace.  
~ Sydney Banks